

CELEBRATE RECOVERY

Healing from Life's Hurts, Habits & Hang Ups!

PURPOSE

The purpose of the Celebrate Recovery Ministry is to spend time together and Celebrate God's healing power in our lives through the Eight Recovery Principles based on the beatitudes. This experience allows us to "be changed".

We open the door to recovery by sharing our experiences, strengths and hopes with one another. In addition we became willing to accept God's grace in solving our life's problems.

*CR is a
safe place.
Anonymity
and
confidentiality
are basic*

By working the Christ Centered biblical principles we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly a stronger personal relationship with God and others.

This ministry helps people of all ages resolve their pain in the context of the church as a whole, and it is for anyone who has a hurt, habit or hang-up.

As we progress through the principles and the steps we discover our personal loving and forgiving Higher Power – Jesus Christ.

*"My grace is enough, it's all you need.
My strength comes into its own in
your weakness." 2 Corinthians 12: 9 & 10*

SHBC CR Ministry

e-mail: celebrate@shbctulsa.org

phone: 918.743.8897 x 118

web: celebraterecovery-shbc.org

THE ROAD TO RECOVERY

Eight Principles by Rick Warren
Based on the Beatitudes (Matthew 5: 3-10)

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

"Happy are those who know they are spiritually poor."

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

"Happy are those who mourn, for they shall be comforted."

Consciously choose to commit all my life and will to Christ's care and control.

"Happy are the meek."

Openly examine and confess my faults to myself, to God, and to someone I trust.

"Happy are the pure in heart."

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

"Happy are those whose greatest desire is to do what God requires."

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

"Happy are the merciful. Happy are the peacemakers."

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to grow in the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

"Happy are those who are persecuted because they do what God requires."

For CHILDREN & TEENS : FRIDAYS, 7 - 9 pm
the Landing: A Christ-centered program, to help teens understand and deal with their hurts as well as accept and appreciate the immense love that God has for them. This curriculum was created for teens who are dealing with issues that affect them--troubled family or social dynamics, friendships, pain, feelings of acceptance/rejection, romantic relationships, and addiction, are issues that today's youth deal with. God loves you and he is not the only one!

Celebration Station: A 52-week companion children's resource to CR based on the Beatitudes. While adults explore the topics that bring healing and wholeness, kids discover the *same* truths in age-appropriate ways!. Celebration Station/LHGH end at 9 pm ---both are 2 hr. programs. Celebration Station & the Landing end at 9:30 pm, so that adults only can attend Café Recovery. Pick up all children & teens by 9:30 pm.

MEETINGS IN EASTERN OKLAHOMA

Fridays

Southern Hills Baptist, Tulsa 918.743.8897
Olivet Baptist, Tulsa 918.245.2241
Park Plaza Ch. of Christ, Tulsa 918.627.3201

Saturdays

Family Church, Tulsa 918.455.8094
Church of the Nazarene, Claremore 918.630.0126

Sundays

Eagle Heights Baptist, Stillwater 405.624.3422
First United Methodist, Owasso 918.272.5731
Angus Church, Sand Springs 918.245.0266
Evangelistic Temple, Tulsa 918.749.9971

Mondays

Asbury United Methodist, Tulsa 918.392.1103
Faith Church, Glenpool 918.827.7901
Grace Community, Bartlesville 918.333.2030
New Heart Fellowship, Broken Arrow 918.455.5400
First Baptist, Durant 580.924.3573

Tuesdays

First United Methodist, Tulsa 918.832.1379
Believer's Church, Tulsa 918.688.0552
First Baptist, Claremore 918.694.8355
First Baptist, Owasso 918.381.7801
New Beginnings Baptist, Bixby 918.366.6700

Wednesdays

Cedar Ridge Christian, Broken Arrow 918.254.0621
God's Shining Light, Tulsa 918.836.7788

Thursdays

First Baptist, Pawnee 918.762.3669
First Baptist, Chouteau 918.476.5311
Highland Park Christian, Tulsa 918.627.0783
Evangelistic Center, Shawnee 405.275.3038
Boulevard Christian, Muskogee 918.682.7822
First Wesleyan, Bartlesville 918.440.0642

*For a complete listing of CR's in the United States,
visit celebraterecovery.com*

WELCOME!

If you do not have a church home we want to invite you to join us at SHBC on Sundays and Wednesday too!

Sundays:

9:00 AM – Bible Study "On the Road" in the Gym
10:30 AM – Worship in the Sanctuary

Wednesdays:

5:15 PM -- CommUnity Café (small cost)
6:30 PM -- MidWeek Groups - all Ages & Choir

W E L C O M E

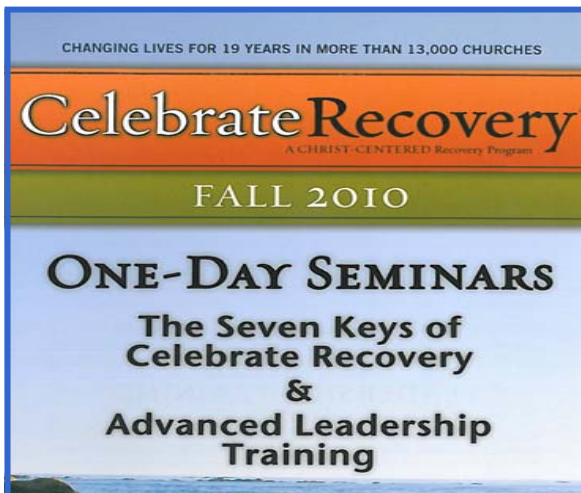
CELEBRATE RECOVERY

CHRIST-CENTERED RECOVERY

Southern Hills Baptist Church
Tulsa, Oklahoma

September 2010





Everyone is needed for the One Day! Volunteers for SHBC-CR, sign up at Grand Central to attend the One Day as a participant (\$45 if you serve and are members at SHBC) If you have attended a One Day or the Summit you can serve on a team on October 23! We need EVERYONE to help set up after CR on Friday night, October 22!

We will have a HUGE CR on Friday, Oct. 22 with John, Cheryl & Johnny Baker (& the National Team) with us. Mindy Scratch, National Director will be sharing her testimony! BE SURE to mark your calendars for CR on Friday October 22 the One Day/ALT on October 23!

See Randy or Pete Young, our Event Coordinators, to see how you can get more involved! Great job, Randy and Pete!!

Contact Info for CR at SHBC

SHBC: 5590 S Lewis Ave., Tulsa, 74105
 Office & Mail: 2218 E 56th Pl. Tulsa, 74105
 CR Website: celebraterecovery-shbc.org
 SHBC Website: shbctulsa.org
 Phone: 918.743.8897 x 118 or x 104
 E-mail: celebrate@shbctulsa.org

If you desire e-mail updates regarding CR, please e-mail us and let us know!

Join our CR Facebook group! Go to facebook.com set up an account, find our page at **Celebrate Recovery @ SHBC, Tulsa**

Please be aware that by joining our CR Facebook group - you ARE breaking your anonymity!

Friday Night Schedule

5:45 - 6:45 pm - Dinner in the Gym

- Sep 3 Hamburger & Hot Dogs
- Sep 10 Hamburger & Hot Dogs
- Sep 17 Hamburger & Hot Dogs
- Sep 24 Hamburger & Hot Dogs

Those attending Newcomers 101 at 8 pm will receive a coupon for a free CR dinner next time they attend.

7:00 pm

- | | |
|-------------------------------------|-------------------------|
| Large Group (for ALL Adults) | Worship Ctr. |
| Sep 3 #18 - Grace | Josh Lawrence |
| Sep 10 Testimony | Larry Deason |
| Sep 17 #19 - Crossroads | Steve Murphy |
| Sep 24 Testimony | John & Barbara Mcintosh |
- (Remember--confidentiality and anonymity are basic requirements. What is shared in the group stays in the group.)

the Landing (6-12 Gr.) **Yth. Ctr.**
 Read about the Landing on back of this brochure.

CELEBRATION STATION **Greenhouse Ctr.**
 For 4 years old through 5th grade.
 (Child care is available for 6 weeks through 3 years)

8:00 pm

Adults - Open Share Group Locations

FOR WOMEN	Room #
Hurts, Habits & Hang Ups	200, 201A
Adult Children of Family Dysfunction	201B
Hispanic Women (Bilingual)	202A
Codependency	202B
Eating Disorders	203A
Chemical Addictions	204, 207
Physical/Emotional/Sexual Abuse	205

FOR MEN	Room #
Chemical Addictions	206, 208
Addictions	209
Hurts, Habits & Hang Ups	210, 211A
Veterans	211B
Fear/Anger	212
Adult Children of Family Dysfunction	213
Pastors ONLY	214
Hispanic Men (Bilingual)	215

NEWCOMERS 101 RC
 A time of introduction for first-time guests to learn more about CR. The Resource Center (RC) is South of the Welcome Center, main lobby.

9:00 pm - Café Recovery - Adults

Adults ONLY are invited to the Gym to enjoy fellowship, dessert & coffee. FREE/no cost.

(Café Recovery for Adults ONLY...
 Pick up kids and teens BY 9:30 pm)

CR Events, Training & Meetings

BBQ Team Meeting

Sep 8 (Wed) 5:15 pm Mtg Room

Wednesday night class - How People Grow

Begins Sep 8 6:30 pm Room 206
 Reveals why all growth is spiritual growth. A Cloud/Townsend study led by Nicole Duncan.

Ministry Meeting

Sep 12 (Sun) 4 - 6 pm Yth Center
 Topic: "One Day Planning - ALL Teams"

CR Inside Meeting

Sep 29 5:30 pm Mtg Room

Mark your calendars for October!

- ◆ October 11 - New Leader Training led by Pete Young in room 202
- ◆ October 18 - Open Share Training led by Nicole Duncan in room 202
- ◆ October 25 - Step Study Training led by Brandon Morton in room 202
- ◆ Our CR will host a One Day/ALT on Saturday, October 23, 8:30- 4:30pm
- ◆ November 1 - Testimony Writing Workshop led by Joani McCullar, 202



Catholic Church to Adopt CR!

To read the recent article go to tulsaworld.com, search archives for Celebrate Recovery and select the 8/28/10 article. Be sure to comment!

Blue Chip Friday has a new CD -- "Recover Me"

Our CR Worship Team has recorded a Worship CD! Tell your friends and family! \$15 at Grand Central on Friday nights!



• **SMOKING:** Only allowed outside the SE entrance. Butts must be put in the provided canisters.

• **PLEASE TURN CELL PHONES TO OFF OR SILENT during Worship & Small Groups.**



• **Ear Plugs: 50¢:** If the music is too loud for you, earplugs are available in the main foyer.

WELCOME to now new SHBC Members from CR!

Dave Foley, Laura and Phillip Williams

CR Volunteer Retreat

Sept. 18 & 19



Join us at Heart O' Hills Camp and Conference Center near Welling, OK for a great time of fellowship and relaxation with your CR Volunteer family. We play together, eat together, but, mostly enjoy one another's company. We'll also have a time to share about our experiences at the Summit. Optional Ropes course available - small fee.

Pick up a registration form with details and cost options at CR Grand Central in the Gym. Hurry, we need your commitment and deposit NOW! For more information or questions contact our Hospitality Team Leader Randy Kay Young, Randykayyoung@gmail.com.



With Appreciation and Love -- Thank You, Barbara!

Thanks so much to Barbara Lee for serving faithfully as

our Cafe Recovery Team Leader! Barbara and Larry are moving to Fayetteville this month and will be missed!

Barbara & Larry's new address is:
 4207 Chrysler Drive, Apt.#9, Fayetteville, AR 72703
 email will be barbara.lee125@gmail.com

Welcome to Beverly Thompson as our NEW Cafe Recovery Team Leader! Thanks, Bev, for stepping up to serve as Cafe Recovery Team Leader!!

For Veterans -- Saturday nights
7-11 pm - Begins 9/11 - Yth Ctr.
Relax & hang out with peers!



Happy September Birthday to these who serve at CR!



Jody Collins	9/6	Will Griffith	9/7
Crystal Johnson	9/16	Connie Sewell	9/17
Barbara Lee	9/25	Marc Bryant	9/25
John McIntosh	9/29	Sandy Collins	9/30