

# CELEBRATE RECOVERY

Healing from Life's Hurts, Habits & Hang Ups!

## PURPOSE

The purpose of the Celebrate Recovery Ministry is to spend time together and Celebrate God's healing power in our lives through the Eight Recovery Principles based on the beatitudes. This experience allows us to "be changed".

We open the door to recovery by sharing our experiences, strengths and hopes with one another. In addition we became willing to accept God's grace in solving our life's problems.

*CR is a  
safe place.  
Anonymity  
and  
confidentiality  
are basic*

By working the Christ Centered biblical principles we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly a stronger personal relationship with God and others.

This ministry helps people of all ages resolve their pain in the context of the church as a whole, and it is for anyone who has a hurt, habit or hang-up.

As we progress through the principles and the steps we discover our personal loving and forgiving Higher Power – Jesus Christ.

*"My grace is enough, it's all you need.  
My strength comes into its own in  
your weakness." 2 Corinthians 12: 9 & 10*

## SHBC CR Ministry

e-mail: [celebrate@shbctulsa.org](mailto:celebrate@shbctulsa.org)

phone: 918.743.8897 x 118

web: [celebraterecovery-shbc.org](http://celebraterecovery-shbc.org)

## THE ROAD TO RECOVERY

Eight Principles by Rick Warren  
Based on the Beatitudes (Matthew 5: 3-10)

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

*"Happy are those who know they are spiritually poor."*

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

*"Happy are those who mourn, for they shall be comforted."*

Consciously choose to commit all my life and will to Christ's care and control.

*"Happy are the meek."*

Openly examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart."*

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires."*

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

*"Happy are the merciful. Happy are the peacemakers."*

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to grow in the power to follow His will.

Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

*"Happy are those who are persecuted because they do what God requires."*

### For CHILDREN & TEENS : FRIDAYS, 7 - 9 pm

**Life Hurts, God Heals:** A Christ-centered program, to help teens understand and deal with their hurts as well as accept and appreciate the immense love that God has for them. The curriculum, "Life Hurts God Heals", was created for teens who are dealing with issues that affect them. Troubled family or social dynamics, friendships, pain, feelings of acceptance/rejection, romantic relationships, and addiction, are issues that today's youth deal with, and unless a healthy approach to cope is in place, disaster can happen. God loves you and he is not the only one!

**Celebration Station:** A 52-week companion children's resource to CR based on the Beatitudes. While adults explore the topics that bring healing and wholeness, kids discover the *same* truths in age-appropriate ways!. Celebration Station/LHGH end at 9 pm ---both are 2 hr. programs. Everything ends at 9 so that every one can attend Café Recovery!

## MEETINGS IN EASTERN OKLAHOMA

### Fridays

Southern Hills Baptist, Tulsa 918.743.8897  
Olivet Baptist, Tulsa 918.245.2241  
Park Plaza Ch. of Christ, Tulsa 918.627.3201

### Saturdays

Family Church, Tulsa 918.455.8094  
Church of the Nazarene, Claremore 918.630.0126

### Sundays

Destiny Life, Claremore 918.341.1765  
Eagle Heights Baptist, Stillwater 405.624.3422  
First United Methodist, Owasso 918.272.5731  
Angus Church, Sand Springs 918.245.0266  
Evangelistic Temple, Tulsa 918.749.9971

### Mondays

Asbury United Methodist, Tulsa 918.392.1103  
Faith Church, Glenpool 918.827.7901  
Grace Community, Bartlesville 918.333.2030  
New Heart Fellowship, Broken Arrow 918.455.5400

### Tuesdays

First United Methodist, Tulsa 918.832.1379  
Believer's Church, Tulsa 918.688.0552  
First Baptist, Claremore 918.694.8355  
First Baptist, Owasso 918.381.7801

### Wednesdays

Cedar Ridge Christian, Broken Arrow 918.254.0621  
God's Shining Light, Tulsa 918.836.7788

### Thursdays

First Baptist, Pawnee 918.762.3669  
First Baptist, Chouteau 918.476.5311  
Highland Park Christian, Tulsa 918.627.0783  
Evangelistic Center, Shawnee 405.275.3038  
Boulevard Christian, Muskogee 918.682.7822

*For a complete listing of CR's in the United States,  
visit [celebraterecovery.com](http://celebraterecovery.com)*

## WELCOME!

If you do not have a church home we want to invite you to join us at SHBC on Sundays and Wednesday too!

### Sundays:

9:00 AM – Bible Study "On the Road" in the Gym  
10:30 AM – Worship in the Sanctuary

### Wednesdays:

5:15 PM -- CommUnity Café (small cost)  
6:30 PM -- MidWeek Groups - all Ages & Choir

W E L C O M E

# CELEBRATE RECOVERY

## CHRIST-CENTERED RECOVERY

Southern Hills Baptist Church  
Tulsa, Oklahoma

March 2010



**WELCOME to now new SHBC Members from CR!**

**Johnny Collins, Sherry Teague, Mary King, Ben King, Lindy Poston, Ken Poston and Kelli Hill.**



Kelli Hill

**And we celebrated the Baptisms of . . .**



Dolores Strange

**CR Pastors Lunch on Feb. 18**

112 Pastors and CR Leaders gathered to thank Pastors for all they do for their CR ministries, to tell them about an Open Share group for Pastors ONLY at SHBC on Friday nights, and about a new step study for Pastors ONLY... (for any Pastor or male on staff.)



At lunch attendees heard live worship music, a CR testimony from pastor, Jesse Graver, and a word from Pastor Hester. Thank God for these



godly men who recognize their need for recovery!!

**Contact Info:** SHBC: 5590 S Lewis Ave., Tulsa, 74105  
Office & Mail: 2218 E 56th Pl. Tulsa, OK 74105  
CR Website: celebraterecovery-shbc.org  
SHBC Website: shbctulsa.org

**Friday Night Schedule**

**5:45 - 6:45 pm - Dinner in the Gym**

Mar 5- Chili (LHGH Band Fundraiser)  
Mar 12- Hamburgers & Hot Dogs  
Mar 19- Soups by Betty Morton  
Mar 26- Hamburgers & Hot Dogs  
*Those attending Newcomers 101 at 8 pm will receive a coupon for a free CR dinner next time they attend.*

**7:00 pm**

**Large Group** (for ALL Adults) **Worship Ctr.**  
Mar 5 #5-Turn Josh Lawrence  
Mar 12 Testimony David Jones  
Mar 19 #6-Action Steve Murphy  
Mar 26 Testimony Teresa Hernandez  
(Remember--confidentiality and anonymity are basic requirements. What is shared in the group stays in the group.)

**LIFE HURTS, GOD HEALS** (6-12 Gr.) **Yth. Ctr.**  
Read about LHGH on back of this brochure.

**CELEBRATION STATION** (for 5-12 yrs.) **Ch. Ctr.**  
(Child care is available for 6 weeks through 4 years)

**8:00 pm**

**Open Share Group Locations**

FOR WOMEN	Room #
Adult Children of Family Dysfunction	201A
Hispanic Women (Bilingual)	202A
Eating Disorders	203A
Chemical Addictions	204
Physical/Emotional/Sexual Abuse	205
Hurts, Habits & Hang Ups	206, 207
FOR MEN	
Chemical Addictions	208
Addictions	209
Hurts, Habits & Hang Ups	210, 212
Adult Children of Family Dysfunction	213
Pastors ONLY	214
Hispanic Men (Bilingual)	215
<b>NEWCOMERS 101</b>	RC

A time of introduction for first-time guests to learn more about CR. The Resource Center (RC) is South of the Welcome Center, main lobby.

**9:00 pm - Café Recovery**

Adults ONLY are invited to the Gym to enjoy fellowship, dessert & coffee. FREE/no cost.  
(Café Recovery for Adults ONLY...Pick up kids at 9:30 pm)



- **SMOKING:** Only allowed outside the North entrance. Butts must be put in the provided canisters.
- **PLEASE TURN CELL PHONES TO OFF OR SILENT** during Worship & Small Groups.
- **Ear Plugs: 50¢:** If the music is too loud for you, earplugs are available in the main foyer.



**Training and Meetings**

**T.E.A.M. Meeting**  
Mar 3 (Wed) 5:15 pm Mtg Room  
**BBQ Team Meeting**  
Mar 10 (Wed) 5:15 pm Mtg Room  
**CR Volunteers Fellowship - "Bond Fire"**  
Mar 17 (Wed) 5:15 pm Jaci Hueg's Sign Up & Get directions at Grand Central  
**CR Inside Team Meeting**  
Mar 31 (Wed) 5:30 pm Mtg. Room  
**CR Ministry Mtg/All Leaders & Volunteers**  
Mar 21 (Sun) 4--6 pm Yth Ctr  
"Using the CR Bible"

**Coming this Easter Season . . .**

**PREPARE THE WAY- Sunday, March 28 10:30 a.m.**



**Good Friday Service at CR - April 2**

Join us for a special emphasis on the **CROSS** . Our offering that evening will go to the **Faith by Hearing** challenge to help fund a foreign language translation and recording of the entire New Testament. Marc Bryant portrays Christ and others from CR will be in the drama too!

**Community Egg Hunt - April 3**

**10 a.m. at Heller Park** -- Children thru age 12, will enjoy this fun morning of gathering eggs, refreshments, playing games and door prizes.

**Volunteers needed! Call 743-8897** if you would like to help stuff Easter Eggs and/or provide cookies. If you have a generator or a portable shade canopy we can borrow on that morning, please let us know.



**LIFE HURTS GOD HEALS BAND "Chili Dinner" FUND RAISER**

**Enjoy a Chili Dinner & Entertainment Friday, March 5, 2010 -- 6:00 p.m. SHBC gym -- during CR Dinner time**

The LHGH band is going on a mission trip this summer to Finland. Thank you for your minimum \$3 donation to make this trip possible for them to share Christ and His love with this part of the world.

**Chip Return...** we want to let everyone know if they would bring back any chips that no longer have significance, please place them in the basket on the stage! We will clean them and reuse them, thus saving our ministry money we can use elsewhere. Thank you.



**NEW MEMBERS**

**You're invited to "First Fellowship" Dinner Sunday, March 7, 5:30pm - Murphy home**

If you have become a member at SHBC within the last nine months and have not yet attended a "First Fellowship" with our church staff, we invite you to come on March 7th. Call 743-8897 for reservations.

**Happy Birthday in March to these who serve at CR!**

- |                          |                     |
|--------------------------|---------------------|
| 3/1 Sheryl Spirlock      | 3/1 Jay Ford        |
| 3/5 Betty Ripley         | 3/5 Breck Ryker     |
| 3/18 Candace Morton      | 3/24 Larry McClary  |
| 3/24 Pete Young          | 3/25 Joani McCullar |
| 3/27 Alinda Jones        | 3/27 Gerald White   |
| 3/28 Julie Ryker         | 3/29 Donna Brooks   |
| 3/31 Katheryn Pennington |                     |