



MAY 2012 MENU

**A GREAT WAY TO SAVE FOOD BUDGET \$.
OPEN TO EVERYONE!**

**Order at SHBC after Worship on May 6 & 13
in the lobby, by phone or on-line. See order info below.**



The BIG Box - Over 9 lbs of meat!



Qty _____ @ \$39 = \$ _____
 2 lb. Boneless Pork Roast 2-2lb. Trays Bone-in Chicken Thighs 1 lb. Bratwurst Stuffed with Cheese
 20 oz. RTC Breaded Chicken Breast Filets 2-2 lb. Supertime Boil-in-bag Premium Macaroni & Cheese
 1 lb. All Beef FC Meatballs 2 lb. French Toast Sticks 16 oz. Biscuits 16 oz. Hash Browns
 1 lb. Frozen Peas 1 lb. Frozen Corn 30 oz. Cherry Cobbler

Our Signature Family Meal Box - Meals for a family of 4 for a week!

Qty _____ @ \$29 = \$ _____
 2-10 oz. Pork Tenderloins 1 lb. 90% Lean Beef for Stew 1 lb. 80/20 Hamburger 16 oz. Bone-in CC Ham Steak
 14 oz. Breaded Popcorn Shrimp 2lb. Tray Bone-in Chicken Thighs 20 oz. Bag RTC Breaded Chicken Breast Filets
 12 oz. FC Turkey Sausage Patties 2-1 lb. bags Premium Vegetable Blend

Select Box

Qty _____ @ \$17 = \$ _____
 4-4 oz. Bnlss. Ctr. Cut Pork Chops 1.6 lb. Tray Chicken Tenderloins 1 lb. 80/20 hamburger
 12 oz. FC Turkey Sausage Patties 16 oz. Bone in CC Ham Steak

Supertime Premium Entrees - 16 oz EACH

Qty _____ @ \$25 = \$ _____
 *2 Grilled Chicken Breast Alfredo with Penne Pasta and Broccoli Florets *2 Lasagna with Meat Sauce
 *2 Sausage with Green and Red Peppers with Marina Sauce over Linguine
 *Southern Fried Chicken Breast with Mashed Potatoes and California Blend Mixed Vegetables
 *Manicotti with Marinara Sauce or Beef Ravioli with Marinara Sauce

Fruit & Vegetable Box

Qty _____ @ \$16 = \$ _____
 1 lb. Cosmopolitan Blend 1 lb. Oriental Blend 1 lb. Super Sweet Corn 1 lb. Green Peas
 1 lb. Broccoli Florets 1 lb. IQF Sliced Peaches 1 lb. IQF Strawberries

Grill Box

Qty _____ @ \$22 = \$ _____
 4-5 oz. USDA Choice Sirloins Steaks 4-4 oz. Bnlss Ctr Cut Pork Chops 4-4 oz. Boneless Chicken Breast 1 lb. 80/20 Hamburger

10 lb. Boneless Skinless Chicken Breast Special

Qty _____ @ \$21 = \$ _____

The Pretty Perfect Pork Box

16-6 oz. Boneless Center Cut Pork Chops - 6 lb. Qty _____ @ \$19 = \$ _____

Limited quantity boxes - More boxes may be available during ordering period. Please check online for availability!

3 Ways to Order

1. Local Outreach Center by cash or check
2. Order Online at www.midamericafoods.com
3. Call toll free 1-855-832-7238

Online & Phone orders accept all major credit cards

**Pick Up Order at SHBC, Gym
Saturday, May 19 at 7:00 a.m.**

Participant's Information

Paid by: (Please circle one) **Cash** **Check** **Credit Card** (75 CENTS/BOX processing fee) **Total \$** _____

Name: _____ **Phones:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____ **E-Mail:** _____