

LifeGroups for Adults

Growing in Christ; becoming more like Him in all aspects of life and our life together...

"...and they were continually devoting themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer." Acts 2:42

Today's culture is completely "high tech and low touch." It celebrates individualism over community. Privacy and seclusion are valued over connection. However, God didn't design us to live our lives alone. He created us for relationship with Him and with others. We were made to belong and to be part of a community—a group of people living life together. At Southern Hills Baptist Church, we believe the best environment for lasting life change takes place within community. That's why we are committed to Life Groups on Sunday morning.

Southern Hills LifeGroups are all about people. We exist to help people live life together, grow together, and serve God together. Our groups provide people with intimate, irresistible environments where ministry flows from relational connections.

Southern Hills offers a variety of groups so wherever you are in your journey of life, there's a place for you in a Life Group at SHBC. If you want to become all that God would hope for you to be, involve yourself in the lives of others. For assistance in finding the right group for you, please call the church office at 743-8897.

SUNDAY MORNINGS — 9:15 a.m.

PROXY 18-20's +: Young singles led by Chris & Jenn Giles and Nicole Duncan. PROXY is a LifeGroup for guys and gals ages 18 to 27ish. Most of our group members are single adults who are attending college, working, finishing education or starting careers but even if you don't fit into one of those categories, you are still welcome! As we kick off the fall season at church, our lifegroup is going to be redefining its "face". Through dynamic, relevant and applicable teaching, self exploration, community service events and fun opportunities to just hang together our life group will grow into a mature tight group of believers who are excited about living life for the Lord! Room 200

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SUNDAY MORNINGS — 9:15 a.m.

ADULTS 20's –90's: Led by Charles & Katheryn Pennington and David & Phyllis Morris. Friendly outgoing adults that are connecting with God, our world, and each other. Studying the book of Acts for the entire fall and spring – slow and methodical study with class discussion. Room 209

YOUNG MARRIEDS: Led by Monty & Kathy Curry and David & Joyce Starr. Encouraging and empowering married couples to pursue a great marriage through Biblical truth and practical essentials. Room 205

LIFE-TOGETHER 24/7 30+: Couples on their journey in marriage. Here you will find other couples who can encourage you to sacrifice and work toward building a Christ-centered marriage. Room 207

MARRIED COUPLES W/ KIDS 30-40'S: Led by Danny Whiteman, Greg Grunewald, & Erik Feighner. You'll be motivated by encouraging and dynamic teaching. Couples are supporting one another as their kids face the early years of school. Room 206

PARENTS OF YOUTH 40-50's: Adults, both single and married are led by Evan & Linda Dare. This group explores biblical principles for those mentoring and parenting their teenagers. Couples & single parents find support and care during these fun years. Room 202



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ON THE ROAD: Adults of all ages, single or married. Led by Steve Murphy, Josh Lawrence & David Jones. A 3-person teaching team facilitates Bible study you can apply to life. Currently studying the book of Genesis. Gym—first floor

MILT OLSEN'S 50-60'S: This group works on an in-depth, inductive study of the Old Testament. A group actively serving in SHBC ministries & beyond. They are currently studying "The Words of Jesus - A Red Letter Study" Meeting Room— 1st floor by gym

KOINONIA 60+: Led by Steve Mortensen. This group is known widely for caring for one another, good Bible study, and supporting missions. They are currently studying in an expository manner the book of Romans. Room 211

FRIENDSHIP 70+: Led by Steve & Gayle Troutman. This supportive group touches the lives of singles and couples. Many of our members serve behind the scenes in SHBC ministries. Room 212

MEN & WOMEN GROUPS

MEN'S CLASS 65+: Led by Chris Hickey. Open to all men. Topical lessons cover the many different concerns of the Christian life. Here you can find strength from other men. Room 214

"OASIS" (women) 30's-40's+: A new class led by Diane Cox. A place where women can be refreshed in this dry and desert world. Currently studying a Bible study by Tammie Head called "Duty or Delight. A study about knowing where you stand with God. Room 213

WOMEN'S CLASS 30's-50's: Led by Vada Ware & Lorrie Quinnelly. This group provides solid Bible study and friendships for women, both married and single. Currently studying Beth Moore's "Living Beyond Yourself." Room 210

WINSOME (women) 60+: Led by Reta Fritchman, this group is known for friendships, care, and good Bible study. Room 204

Week Days/Nights

See shbctulsa.org for additional current events

MONDAY MORNINGS

Women's Bible study that starts October 3, at 9:30am. It is the 1st & 3rd Monday of the month through April 2012. We will study a book by Carolyn Nysrom entitled *1 & 2 Peter*. Led by Judy Bishop. Sign up in church lobby.

MONDAYS AFTERNOONS

Adult Bible Study: 1:30 pm led by Tom McIntyre. Currently studying the book of Genesis. Meets in Conference Room—Admin Offices.

WEDNESDAY EVENINGS

MidWeek CommUnity

- 5:15-6:15pm** Serving of Fellowship Meal – Gym
Reservation necessary for dinner
\$4.50 Adults; \$3.50 Children & Senior Adults
- 6:30pm** MidWeek options for Adults:
*Bible Study lead by Pastor Hess
*Various studies offered Fall & Spring
*Adult Choir Rehearsal
*Celebrate Recovery Bible studies
- 6:30 pm** Midweek for Youth & Children
*6.20 for 7th-12th graders
*Planted for K-6th graders
*Greenhouse for 6 wks - Pre-K
- 8:15pm** Childcare ends

Childcare is provided on Wednesday nights.

FRIDAY MORNING

Joy— Casual time to celebrate life together through sharing prayer, music, scripture & fellowship. 1st & 3rd Friday of the month at 10am. Led by John Meyer. No need to sign up.

FRIDAY EVENING

Celebrate Recovery - For the Entire Family:

Adults: Worship every Friday night at 7:00pm in the Worship Center (come at 6:00pm for dinner and stay for 8:00pm small groups and coffee shop). There is also Celebration Station for children and the Landing for teenagers.

MONDAY- FRIDAY

CR Step Studies—These in-depth Bible studies are the heart of the Celebrate Recovery Ministry. The curriculum is based on the beatitudes from the Sermon on the Mount. Step Study groups are gender based and new studies begin year round and happen at various days & times.

The Vision of Southern Hills Baptist Church

Southern Hills Baptist Church will be a compassionate, committed, courageously authentic, compelling force for God in the city of Tulsa. We will be a church of healing grace that provides irresistible environments where lives of people of all ages are being transformed daily in Christ. We will strive to see that every person is...

- **GROUND**ED in a personal relationship with Christ and His church,
- **GROWING** toward becoming more like Christ in all aspects of life and our life together, and
- **GIVING** one's life in service to the Body of Christ and on mission to those in need of Him.

SHBC MINISTRY WEBSITES

General Church Information
www.shbctulsa.org

Students (7th-12 Grades)
www.shbcyouth.com

Celebrate Recovery
www.celebraterecovery-shbc.com

CommUnity: Where Do YOU Find



Our Purpose is to provide an irresistible environment where people can develop authentic relationships where they:

- Know each other
- Connect with each other for spiritual growth
- Pray for one another