

Mom's Prayer Group

Are you a mother who has a heart to practically and spiritually encourage yourself and others as you tackle the daily responsibilities of being a godly wife and mother? Although you may be living for sonic happy hour, falling asleep during your quiet time, playing zone defense with your kids, an expert at finishing a sentence regardless of the number of interruptions, a multitasking enthusiast, staying up too late just to enjoy a little me time, and going overboard with your crafty hobby of the month; you may also be a woman who greatly desires to glorify the Lord with your parenting, marriage, and home. Hebrews 10:24-25 says "And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching." This class a result of the desire to help each other be intentional in these things by setting aside time each week to pray, share tools, plan and prepare. We are going to be reading Heaven at Home by Ginger Plowman.

About your leaders. . .

Kathy Hitchcock is married to Ed and has two children, Gunner (3) and Rylee (10 months). They have attended SHBC since 2003. Kathy was a D-group leader with the youth for many years and continues to work for Steve Bullard as his administrative assistant. Ed and Kathy are now co-leading the new college class.

Michelle Clark is married to Eric and has three children, Zach (3), Laney (2) and, Hallie (2 months). A graduate from Texas Tech University with a degree in early childhood, Michelle taught school for four years before having children of her own. She is currently a stay at home mom enjoying the good life of sleeping late and eating bonbons on the couch. After leading D groups for a few years, Michelle is now back in the elementary world teaching 5 and 6th graders on Sunday mornings.

Anointed, Transformed, Redeemed

Is an outstanding look at the life of King David from the perspectives of Priscilla Shirer, Beth Moore and Kay Arthur. Priscilla focuses on David's anointing and relates it to the anointing of all followers of Christ. Beth teaches on God's transformation of the believer, and Kay emphasizes redemption as the mark of all God's children. We will laugh, cry and learn to love God more with these three inspiring teachers.

About your leader . . . Kathy Curry, our Women's Ministry Lay Leader and her husband, Monty, have three children, Krista, Kelsey and Matt, in three different colleges. Kathy earned her M.Ed. from Southeastern Oklahoma State University in Educational Administration Curriculum and Supervision. She has experience as a Middle School Principal, Curriculum Director and Director of

Women's Ministries. Kathy's desire is to see women grow in their relationships with each other and in intimacy with God.

One on One With God

One on One with God is a light that illuminates . . .

A Path that leads to knowing Jesus personally,
A Lifestyle of walking daily in intimate fellowship with Him,
A Tool for making disciples and producing disciple-makers.

Why share "The Big Picture of Discipleship"? We must come to a point of understanding discipleship because discipleship was at the heart of Jesus' mission here on earth. He modeled making disciples and then commanded us to "go and make disciples." It is His plan! **Why introduce "The Challenge God Has Given Us—Leave Lasting Fruit?"** We have the joy of leaving lasting fruit by making disciples. These new disciples who have been transformed in character and passion are the "fruit that will last" and penetrate every future generation. But the only way we can be sure this will happen is for each one of us to be obedient to our Lord's command to "go and make disciples" who will go and make disciples.

About your leader . . . Rebecca Brown, an SHBC member since 1980, has grown up at SHBC and has served in countless ministry areas. She and her husband, Alan, have two lovely daughters, Emily and Clara.

Women's Celebrate Recovery 12 Step Study

This in-depth Bible Study is the heart of the Celebrate Recovery ministry. You will develop life long friends as you travel the road of recovery with other women. The Celebrate Recovery curriculum is based on the beatitudes from the Sermon on the Mount. These Biblical principles lead to healing from life's hurts, hang-ups and habits. New Step Studies begin year round and happen on other days and nights of the week as well as Wednesdays. This study is a nine months to one year commitment.

For Youth & Children

D-Groups: For 7th-12th Graders

Ground Zero: For 5th & 6th Graders

Planted: For Kindergarten - 4th Graders

Greenhouse Wednesdays: For 6 weeks - Pre-Kindergarten



Southern Hills
baptist church

Fall '09

MidWeek

CommUnity

Preview Night - Sept. 16

MidWeek Begins
Wednesday Night September 23
6:30 p.m.

Sign Up TODAY!

For All Adults

Pastor's Bible Study w/ Dr. William (Hess) Hester

A weekly time of prayer, song and on-going Bible Study.

About your leader . . . Hess Hester has served SHBC as our Senior Pastor for the last 12 years. He and his wife, Julie, have three grown daughters and a brand new son-in-law!

Crown Biblical Financial Study: Finding True Financial Freedom

The Crown Biblical Financial Study is for anyone wanting to learn more about God's way of handling money. With over 2,200 verses related to money in the Bible, there's no doubt that we all need to know how to be better stewards of what God has given us. Couples and Singles are invited to join us for this 10 week study where we'll learn about giving, work, counsel, investing, and other relevant subjects. Ten weeks.

About your leaders . . . JW & Kate Massey have been members at SHBC for several years. They have a passion to share with you about finding true financial freedom God's way!

"Beginning Genealogy"

Learn techniques, strategies and sources for discovering your family roots.

Hugh Keen started researching family histories about 35 years ago. He has done research in most of the major genealogical and historical archives and repositories from Pennsylvania to Texas. He has conducted several genealogy seminars on various topics for the Tulsa Genealogy Society and the Tulsa City County Library and has published four family history books.

It's All About Relationships

Part of a good, healthy relationship is a lot of understanding! And understanding takes a little knowledge combined with some self-discovery. We'll make our way through different aspects of relationships using a variety of books as our guide. We'll look at discovering our personalities and those of our loved ones; exploring the expressive languages of love and apology; gaining insights into what every gender inherently understands yet forgets to tell the other; and learning healthy boundaries within a dating relationship and within a marriage.

About your leader . . . Nicole Duncan has 2 Masters Degrees in the counseling field and has recently become a Mental Health First Aid instructor. She got plugged into SHBC through CR and currently leads a LifeGroup, called PROXY, for single, young professionals. Nicole highly values community and the importance of good, healthy relationships.

For All Adults

Worship Choir

If you like to sing then come join us. The worship choir is a group of individuals who join their voices together every Sunday to present a song of worship, and help lead our congregational worship through music. Our time together on Wednesday evening is a time where we come together to learn more about the songs we sing, and why we sing those songs. It is also a time to learn more about what it means to worship God with all of our heart, soul, mind and strength. This group does not require an audition, but it does require a love for God, and a desire to help others worship Him through music. On-going with a break in the summer time.

About your leader. . . Jesse Graver, our Worship Arts Pastor, joined our staff in 2007. He moved to SHBC from First Baptist, Hurst, Texas where he served for 4 years while attending Seminary. He is a graduate of Oklahoma Baptist University and has just earned his Masters of Music with a Ministry Emphasis from Southwestern Baptist Theological Seminary. Jesse and his wife Andrea have two young sons, Joseph and Benjamin, and a daughter, Ella.

English As A Second Language

This on-going course helps non-English speaking people to learn English and is led by instructors from the YMCA.

For Married Couples

FIREPROOF Your Marriage

The Statistics Sound the alarm:

Over 50% of marriages in the U.S. end in divorce.

- The number of people getting married each year is declining.
- Co-habitation, a primary contributor to divorce, is on the rise.
- The cost of divorce to taxpayers is over \$150 billion.
- The cost of divorce to business owners is over \$6 billion.

Celebrity couples get high exposure for their divorces and for deciding not to get married! Christian couples are casualties of the same culture war, but they should be a beacon of God's plan for relationships. So, how do we turn the tide? FIREPROOF can be a catalyst for a better marriage.

About your leader . . . Steve and Jamie Watkins have been members at SHBC for 17 years. Over the years, both Steve and Jamie have served in many capacities such as leading LifeGroups and other studies and volunteering in our Youth, Children's, Men's, Women's and Recreation ministries. Steve is currently in his third year as our Executive Pastor. They have two children: Sara (19), and Will (16).

For All Adults

For Men

"A Man's Guide To Spiritual Disciplines" 12 Habits to Strengthen Your Walk With Christ

For every ten men in church, nine will have children who leave the church. Eight will find their jobs unsatisfying. Six will pay only the monthly minimum on their credit cards. Five will have a major problem with pornography. Four will get divorced (affecting one million children per year). Only one will have a biblical worldview. All ten will wrestle to balance work and family. The issues facing men today require solutions beyond just regular church attendance. It takes discipline and determination to keep faith strong. This book by Patrick Morley will give men the tools they need to reflect Christ in all aspects of their lives.

About your leader . . . Chuck Richardson, his wife Christine and their three boys, have been at SHBC for six years. In addition to serving as our Men's Lay Leader, Chuck also serves as a Deacon and LifeGroup Leader.

Men's Celebrate Recovery 12 Step Study

This in-depth Bible Study is the heart of the Celebrate Recovery ministry. You will develop life long friends as you travel the road of recovery with other men. The Celebrate Recovery curriculum is based on the beatitudes from the Sermon on the Mount. These Biblical principles lead to healing from life's hurts, hang-ups and habits. New Step Studies begin year round and happen on other days and nights of the week as well as Wednesdays. This study is a nine months to one year commitment.

For the Whole Family - Dine Together

CommUnity Café @ Southern Hills

DINNER RESERVATIONS NECESSARY

Weekly: Hot Entrée, salad bar, dessert or ala Carte: Burgers, Hot Dogs, Pizza

September Menu Entrees:

2 Chicken Enchiladas
9 Lasagna, salad
16 Chicken breast & rice
23 Taco Salad
30 BBQ

CommUnity Café
Serves dinner from 5:15 - 6:15

Adults: \$4.00
Kids 18 & under & Srs. : \$3.00

IMPORTANT: You may choose to be on a standing weekly reservation list or call by Tuesday to add or drop each week.